

SPIRITUAL FORMATION AND SPIRITUAL DIRECTION TRAINING PROGRAM
at St. Joseph Center for Spirituality Fall, 2008 through Summer, 2009

The Center offers the following 5 to 12 week courses which meet in Clarence on Thursdays nights from 7 – 9 pm. People are welcome to take one or two courses or enroll in the entire program for training to become a spiritual director.

Summer, 2008

From Self Knowledge to Wholeness: The Enneagram and Prayer, May 22 – June 5, \$60.

Discovering your Enneagram personality type and patterns of thinking, feeling, and action can bring a positive change into your life, your relationships with others, and with God.

Counseling: Theory and Process June 12 – July 25, (except 7/4), \$120

In this course, we will study the theories and process of counseling as well as practice basic counseling techniques as tools for spiritual direction.

Fall 2008

Spiritual Direction II Sept. 4 – Oct. 23, \$160

A special opportunity for independent readings, sharing, and peer supervision, and role playing, this course is geared for those assisting others in their life journey.

St. John of the Cross

We will study the following books using the original texts of this Carmelite mystic, supplemented with contemporary understandings and applications to the ministry of spiritual direction

The Spiritual Canticle Oct. 30 and Nov. 6, \$40

The Ascent of Mt. Carmel Nov. 13 – Dec. 18 (except 11/27), \$100

Winter/Spring 2009

St. John of the Cross and The Dark Night of the Soul Jan. 8 – Feb. 5, \$100

Understanding the Dynamics of the Exercises of St. Ignatius Feb. 12 – April 23 (except 4/9), \$200

Geared for those helping others on the spiritual journey, this course is an opportunity via video and discussion to grasp the internal dynamics of the Exercises. In order to take this course, you need to have already made a 30 day Ignatian retreat or the 19th Annotation.

Growth in Faith, Hope, and Love April 30 – May 29, \$120

Based on the Spiritual Exercises of St. Ignatius and contemporary psychology, this course teaches potential directors how to help others in their faith journey.

Supervision and Practicum arranged individually, \$50 - \$100

Students will offer a 5 to 8 week retreat to a directee meeting with the directee weekly. They will then bring their experiences and issues to supervised sessions for discussion.

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