


ADVISORY BOARD AND INSTRUCTORS

*St. Joseph Center
for Spirituality*



*May they live in a spirit
of complete humility,
gentleness, candor,
simplicity and
zeal for union
with God
among themselves
and with every kind
of neighbor.
-Fr. Medaille*

OUR MISSION

*To foster unity and reconciliation
with God, others, self, and all
creation*

- ❖ *By providing formation for those
called to the Ministry of Spiritual
Direction*
- ❖ *By ministering through spiritual
direction, retreats, courses, and
programs.*

St. Joseph Center for Spirituality

St. Joseph Residence #1/2
Stricker Road
Clarence, NY 14031

phone: 716-759-6893, ext. 408

Daniel Brown, a licensed clinical psychologist, is a trained spiritual director. He is currently doing clinical work with nursing home residents.

Bob Grinewich has been married 37 years, has 3 adult children and 2 grandchildren. Having a Master of Divinity Degree from Niagara University, he is a part time Pastoral Associate at Saints Peter & Paul Church in Williamsville and has focused his ministry on Marriage and the Family as well as Spiritual Direction.

Kay Johnson-Gentile, Ph.D., a retired college professor, is a trained spiritual director. Katie is also a professional musician and composer and has worked with both children and adults in music therapy.

Father Bill McCurdy, SJ has done retreat ministry and spiritual direction since the 1960's. His ministry includes retreats in the U.S., Ireland and Great Britain. Bill has also served in parish ministry as a college campus minister and high school guidance counselor.

Dianne Riordan is a family advocate with the Mental Health Association of Erie County. Trained in spiritual direction, she is married and has seven children and five grandchildren.

Jan Sheridan, Director of the Center, is a professional writer, journalist, and hospital chaplain. She has been a spiritual director and instructor at the Center for twelve years. Jan has a Master's degree in Religious Studies.

Pat Van Verth is a professor at Canisius College. She is married and has two children and one granddaughter. Pat is a trained spiritual director with a particular interest in Ignatian Spirituality.

WHAT IS SPIRITUAL DIRECTION?

Spiritual directors assist directees to recognize and integrate God's presence and direction in all aspects of life and prayer experiences. The director is a listener who helps people notice, discern and respond to God's action.

WHERE AND HOW OFTEN DO I MEET MY SPIRITUAL DIRECTOR?

Generally you meet once a month or as needed at our Clarence address or at Christ the King Seminary in East Aurora.

WHO ARE THE DIRECTORS?

Staff members and associate directors are available. You may choose from single or married people, Catholic or Protestant.

TRAINING PROGRAMS

The Center offers two training programs: a one-year Prayer Guide for the Spiritual Exercises of St. Ignatius and a two-year Spiritual Director Training Program that includes 5 to 12 week courses which generally meet Thursday nights from 7 to 8:30 pm.

SCHEDULED ON REQUEST

The 19th Annotation applies the Exercises of St. Ignatius to the spiritual lives of the busy person over an eight-month period of weekly meetings with your director. \$20. per session

Directed Retreats \$50. per night includes room, meals and daily spiritual direction.

**For Information/Reservations
Call (716) 759- 6893 ext. 408**

Visit our website at www.wnyreligion.net

**TRAINING PROGRAM FOR PRAYER
GUIDES OF THE SPIRITUAL
EXERCISES OF ST. IGNATIUS**

Jan. 28 to July 1, 2010

The Center offers the following courses which will meet Thursday nights in Clarence or other designated locations from 7 – 8:30 pm. People are welcome to take one or two courses for their personal spiritual formation or they may enroll in the entire program for training to become a prayer guide.

New Testament Studies

6 classes 1/28 – 3/4 \$90.

In an introduction to the NT, we will look at the Gospels and Letters, considering how these stories spoke to people in the Early Church and how they impact our faith journeys today. This requirement may be taken at the Center or another site.

Theology of the Trinity, of Christ, and of Salvation

- 6 classes 3/11 – 4/22 (except 4/1) \$90. This is a basic overview of key elements of Christian theology: the Trinity, Christology, and what the Church teaches about our salvation story. We will briefly look at the major doctrines and heresies of the Church and their present day manifestations. The perspective will be to look at theology as it connects with people's spiritual lives..

Understanding the Dynamics of the

Exercises of St. Ignatius – 10 classes 4/29 – 7/1 \$150. Geared for those helping others on the spiritual journey, this course is an opportunity via video and discussion to

grasp the internal dynamics of the Exercises. In order to take this course, you need to have already made a 30 day Ignatian retreat or the 19th Annotation.

Supervision and Practicum

\$15. per hour of supervision.

After completing the above classes, students will guide a group or individual through the Exercises. They will then bring their experiences and issues to supervised sessions for discussion.

To register for programs at St. Joseph's Center, please call 759-6893 x 408 at least one week in advance. A \$10 non-refundable deposit is due at the time of registration.

**SPIRITUAL DIRECTOR TRAINING
PROGRAM**

Sept. 2, 2010 --June 9, 2011

During this second year, people are trained for the broader ministry of spiritual direction.

Spiritual Direction II

8 classes 9/2 – 10/21 \$120.

A special opportunity for independent reading, role playing, sharing, and peer supervision, this course is geared for those guiding others in their life journey.

Methods of Prayer - 6 classes

10/28 – 12/9 (except 11/25) \$90.

We explore various ways of becoming more aware of God's loving presence in our lives by means of meditation, contemplation, scripture, centering, mantras, music, and more.

Personality Typology - The Enneagram and Prayer – 4 classes 1/6/2011 – 1/27 \$60.

We will study the 9 basic personality types and their patterns of thinking, feeling, and action in order that we may move from self-knowledge to wholeness and assist others in their growth.

St. Teresa of Avila

9 classes 2/3 – 3/31 \$135.

Come to know the life and spirituality of this great woman of God and Doctor of the Church. Our own inner faith journeys will be enhanced through the study of her books - *The Way of Perfection* and *The Interior Castle*.

St. John of the Cross – 9 classes

4/7 – 6/9 (except 4/21) \$135.

We will study *The Spiritual Canticle*, *The Ascent of Mt. Carmel*, and *The Dark Night of the Soul* using the original texts of John of the Cross supplemented with contemporary understandings